

Table: Primary and secondary outcomes

Parameter	FCM (N = 24)			Placebo (N = 24)			P value
	Baseline	Week 1	Week 8	Baseline	Week 1	Week 8	
Oxygenation							
Resting SpO ₂ , %	94.1 ± 0.5	94.5 ± 0.4	93.7 ± 0.5	94.7 ± 0.3	94.4 ± 0.4	94.9 ± 0.3	0.93
Mean nocturnal SpO ₂ , %	91.8 ± 0.5 ^a	92.3 ± 0.4 ^a	92.0 ± 0.4 ^a	92.0 ± 0.5 ^b	92.3 ± 0.4 ^b	92.2 ± 0.5 ^b	0.32
Nocturnal SpO ₂ < 90%, %	14.7 ± 5.1 ^a	14.6 ± 3.9 ^a	13.8 ± 4.4 ^a	16.4 ± 5.5 ^b	15.5 ± 5.1 ^b	15.8 ± 5.3 ^b	0.94
Oxygen desaturation index, h ⁻¹	8.0 ± 1.9 ^a	7.3 ± 2.2 ^a	7.8 ± 2.7 ^a	6.4 ± 1.2 ^b	6.7 ± 1.2 ^b	7.5 ± 1.1 ^b	0.56
Capillary PO ₂ , kPa	9.35 ± 0.24 ^b	9.14 ± 0.26 ^b	9.19 ± 0.23 ^b	9.37 ± 0.25 _a	9.27 ± 0.23 _a	9.04 ± 0.17 _a	0.52
Capillary SO ₂ , %	94.6 ± 0.4 ^b	94.4 ± 0.4 ^b	94.4 ± 0.4 ^b	94.6 ± 0.4 ^a	94.4 ± 0.3 ^a	94.1 ± 0.3 ^a	0.64
6-minute walk test							
Distance, m	330 ± 18	343 ± 19	354 ± 19	335 ± 20 ^b	337 ± 22 ^b	345 ± 22 ^b	0.02
SpO ₂ change, %	-4.1 ± 0.8	-4.1 ± 0.8	-4.3 ± 1.0	-5.6 ± 1.4 ^b	-5.0 ± 1.2 ^b	-5.2 ± 1.4 ^b	0.91
Heart rate change, min ⁻¹	18.4 ± 3.4	14.0 ± 3.2	19.3 ± 3.6	17.7 ± 3.0 ^b	18.1 ± 3.5 ^b	17.5 ± 3.8 ^b	0.50
Symptom & quality of life scores ¹							
BODE score	3.5 ± 0.4 ^a	3.3 ± 0.4 ^a	3.4 ± 0.4 ^a	3.5 ± 0.4 ^c	3.5 ± 0.4 ^c	3.5 ± 0.4 ^c	0.22
COPD Assessment Test™	14.5 ± 1.3	14.8 ± 1.6	16.6 ± 1.5	16.5 ± 1.5	15.5 ± 1.6	18.3 ± 1.5	0.97
St. George Respiratory Questionnaire total score	41.8 ± 3.2	39.8 ± 3.2	41.5 ± 3.1	46.1 ± 3.5	44.9 ± 3.7	47.9 ± 3.7	0.06
Modified MRC dyspnea scale	1.9 ± 0.2	1.5 ± 0.2	1.8 ± 0.2	2.0 ± 0.2	2.0 ± 0.2	2.0 ± 0.2	0.008
Dyspnea-12 score	9.0 ± 1.4	9.5 ± 1.6	10.9 ± 1.6	10.1 ± 1.5	10.5 ± 1.7	11.1 ± 1.6	0.43
Fatigue severity score	33.0 ± 3.2	31.0 ± 2.8	32.0 ± 2.6	39.8 ± 3.3	37.6 ± 3.4	41.1 ± 3.1	0.13
Hospital Anxiety and Depression Score – Anxiety score	4.3 ± 0.8	4.7 ± 0.9	4.5 ± 0.9	5.4 ± 0.8	5.3 ± 0.8	5.1 ± 0.8	0.31
Hospital Anxiety and Depression Score – Depression score	4.2 ± 0.5	4.2 ± 0.6	3.8 ± 0.5	5.9 ± 0.8	5.8 ± 0.7	5.7 ± 0.7	0.89
Visual analogue scales							
Dyspnea	28.3 ± 4.1	32.1 ± 5.1	27.6 ± 4.4	32.4 ± 4.9	39.7 ± 5.2	33.8 ± 4.9	0.56
Cough	28.6 ± 5.2	34.4 ± 5.4	34.6 ± 5.6	31.3 ± 5.7	30.6 ± 5.3	29.9 ± 4.6	0.25
Sputum production	24.9 ± 5.3	21.4 ± 4.1	27.5 ± 4.9	21.2 ± 4.7	24.9 ± 4.8	25.6 ± 4.1	0.48
Sputum purulence	18.9 ± 4.5 ^c	17.1 ± 4.2 ^c	17.7 ± 4.7 ^c	24.4 ± 5.9 ^c	19.6 ± 4.2 ^c	26.0 ± 4.5 ^c	0.43

Parameter	FCM (N = 24)			Placebo (N = 24)			P value
	Baseline	Week 1	Week 8	Baseline	Week 1	Week 8	
Spirometry							
FEV ₁ , L	1.08 ± 0.10 ^a	1.04 ± 0.09 ^a	1.07 ± 0.09 ^a	1.25 ± 0.07	1.27 ± 0.08	1.27 ± 0.08	0.12
FEV ₁ , % of predicted	43.6 ± 3.3 ^a	42.3 ± 3.2 ^a	43.1 ± 3.0 ^a	46.0 ± 3.1	46.3 ± 3.3	46.5 ± 3.4	0.13
FEV ₁ /FVC, %	40.4 ± 2.2 ^a	41.3 ± 2.2 ^a	41.0 ± 2.1 ^a	39.8 ± 2.2	39.2 ± 2.3	39.3 ± 2.1	0.24
Echocardiography							
Tricuspid regurgitant jet measured, n (%)	8 (33.3)	8 (33.3)	6 (25.0)	7 (29.2)	7 (29.2)	6 (25.0)	—
Trans-tricuspid pressure gradient, mmHg	28.8 ± 1.8 ^d	26.8 ± 1.1 ^d	28.2 ± 1.0 ^d	35.2 ± 3.0 ^d	35.8 ± 3.1 ^d	36.9 ± 5.1 ^d	0.09

All data are reported as mean ±SE. Statistical analysis was performed by linear mixed effects modelling; P values are given for the fixed effect of “status post FCM infusion”. FEV₁: forced expiratory volume in one second, FVC: forced vital capacity, FCM: ferric carboxymaltose.

¹ Scale ranges: BODE 0–10, COPD Assessment Test™ 0–40, Dyspnea-12 score 0–36, Fatigue severity score 9–63, Hospital Anxiety and Depression Score 0–21, Likert scale 1–7, modified MRC scale 0–4, St. George Respiratory Questionnaire 0–100, visual analogue scales 0–100. For all scores a lower value is better.

^{a–d} Descriptive data (mean ±SE) are reported for participants with a valid measurement at each time point (^a n = 23, ^b n = 22, ^c n = 21, ^d n = 6); cases with partially missing data were excluded. Cases with missing data were still included in the linear mixed effects model.

